



Guildford Orienteers

The Farley Frolic

Saturday May 14th 2022

Final details

Please join us to celebrate World Orienteering Day. The event has been planned with newcomers and families in mind with GO volunteers available for support. Farley Heath is the site of a small Roman temple, and consists beautiful heathland, deciduous and coniferous woodlands, only 6.5 miles south east of Guildford.



Location:

The closest post code to the event centre is GU5 9EW. The grid reference is: TQ052449. What 3 words: fame.lectured.hunches. There is a large, but rough car park accessed from Farley Heath Road. The event centre is within 50 m of the car park.

Map:

Scale 1:10000. Contour interval 5m. Minor recent corrections for this event by Tom Edelsten. A4 overprinted on waterproof paper.

Terrain:

Runnable heathland, sweet chestnut and coniferous woods. There are brambles, brashings and nettles in parts, although the courses avoid them as far as possible. There is a good network of paths. There are many low, ruined fences around forest blocks. Not all are mapped and it is impossible to tape them as route choices can't be predicted. Please always take care to watch out for these trip hazards when running across the obvious boundaries between blocks.

Courses:

- Blue** 5.9 km 135 m climb. For experiences orienteers
- Green:** 4.5 km 120 m climb. For experienced orienteers
- Orange:** 3.1 km 70 m climb. For inexperienced orienteers
- Yellow:** 1.7 km 30 m climb. Recommended for beginners

Entries

Please enter via racesignup: <https://racesignup.co.uk/site/event.php?eventid=2085>.

Entries open until 10.45 am on the day.

Fees

Senior £6 (non BO members £8).

Junior £3

SI card hire £1

Facilities

Event car park and event centre

First aid, key and baggage drop at event centre.

Hired SI units

Please collect hired SI cards from download prior to running so we can assign cards to runners.

Whilst the event is SIAC enabled, we are not hiring SIAC cards only SI cards.

Times:

Start times from 10.00 am- 11.00 am

Courses will close at 1.00 pm

Dogs:

Allowed, but should be kept under close control.

Start and finish

The start and finish are within 50 m of the car park and the event centre.

The courses will be SIAC enabled with a punching start and finish. SIAC users are responsible for ensuring a contactless punch has registered. If there is no optical/acoustic feedback from the SIAC, and the punch has not registered and the box should be punched manually like a standard SI Card.

Loose control descriptions will be available.

If you are a newcomer, make yourself known at the start where there will be a GO member available to give you some help and direction.

All competitors including SIAC are to punch the finish. Then report to download.

Results

Cards will be downloaded and results created after the event. Results, splits and Routegadget will be available on the club website. There will be no results on site.

Event Officials

Planner: Helen Rivers GO

Organisers: Marion Payne-Bird GO and James Thornton GO on the day.

Personal information

The personal data you provide will be used by the event organisers and their agents only for the purpose of processing and publishing entries and results and as required by our insurers to validate your cover.

Safety

Every effort will be made to ensure the event is safe for competitors, volunteers and the public. All competitors **MUST** download even if they do not complete the course. Runners must have covered legs. Whistles are compulsory. Cagoules may be made compulsory in adverse weather. Participants to bring their own water and ensure adequate hydration pre and post event.

Bio-security

Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance that helps us protect our precious environment: Check - Clean - Dry.

Hazards

The area is popular with walkers, dog walkers, horse riders and mountain bikers so please be respectful of the general public and their animals.

Be aware of rabbit and badger holes which proliferate in some areas.

Check for ticks after the event.

Covid

Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home. People who are classified as clinically extremely vulnerable can now consider taking safe exercise outdoors and meeting up with one person outside their household; however, it is unlikely that they would be able to safely take part in an organised orienteering event or activity.

Risk

Orienteering is a physically challenging sport. Competitors take part at their own risk.

First Aid

A first aid kit will be available at download. Whilst there are qualified first aiders in the team, competitors will be encouraged to conduct self-help/self-clean, with the first-aid materials provided.

The nearest A & E Hospital is : The Royal Surrey, Egerton Rd, Guildford GU2 7XX. A map will be available with the first aid kit.

Photography

Any concerns with photography or the behaviour of anyone toward any child or young adult must be reported to the event organiser or other official. Safeguarding is everyone's responsibility, play your part, report any concerns and follow good practice.

Thanks

This event can only take place due to the kind permission of the Albury Estate and the Hurtwood Control

All competitors must report to download, even if you not complete the course.

Have a safe journey home.