



Guildford Orienteers

present

Guildford Urban (2025)

on 15 June 2025

Final details

Ver. 3 (13/05/25)

Highlight points

- Check your entry. You can only amend it in Racesignup until midday on Friday 13th June.
- It's a punching Start – start times are not enforced however we do ask the Juniors to start within the allocated start window to limit the time required to man the road crossing.
- Check out the "**Safety**" section below, which recommends wearing shoes with reasonable grip (and please no metal studs).

Travel to the event

There are 2 railway stations in Guildford. The event centre is at [W3W ///rates.panels.hang](#) about a 1.5 mile walk from the mainline station and 0.6 miles from the smaller London Road station. For anyone walking or cycling from London Road start the quickest route to the event centre is to use the path across the middle of Stoke Park. Please note that there is currently a traveller encampment along this route, you may want to consider walking around the park.

The M25 / A3 Interchange is CLOSED during this event please use alternate routes and leave enough time to get to the event in time for your start.

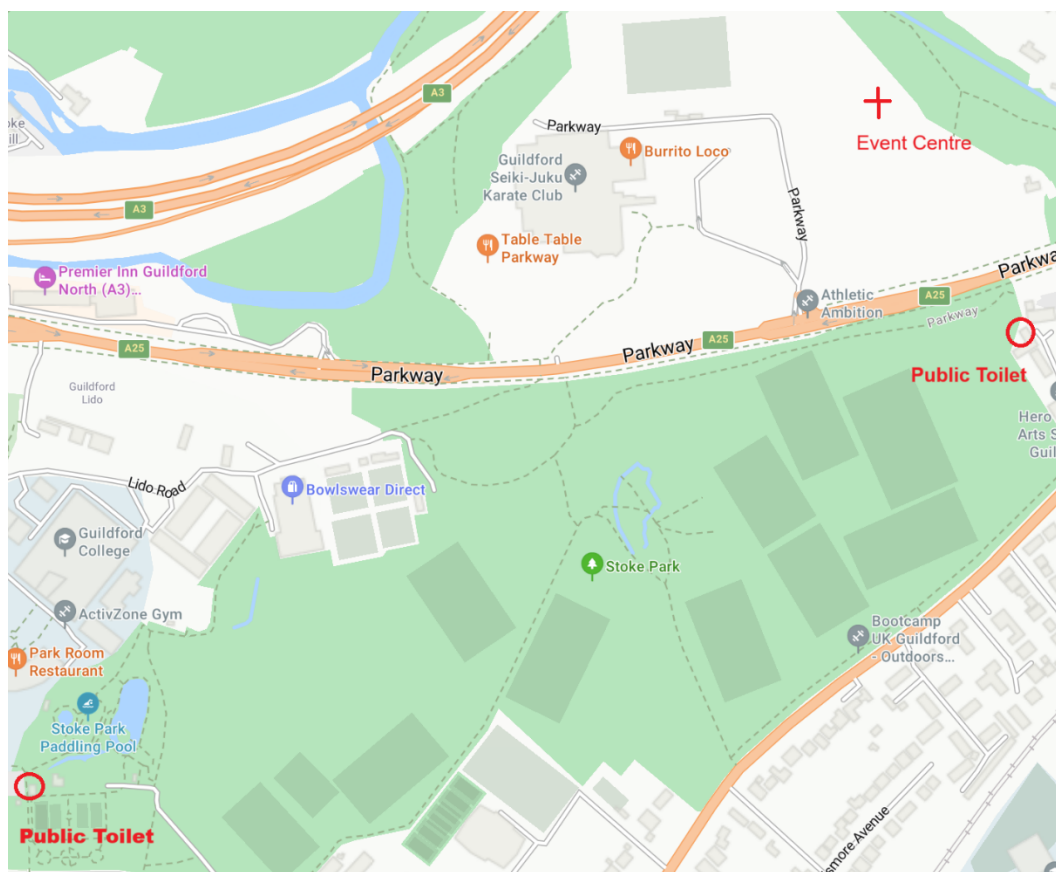
Car Parking (there is no organised parking)

The Park and Ride car park by the Spectrum Leisure Centre is the most convenient place to leave your car (free). On Sundays there is quite a lot of free parking on the streets of Guildford near Stoke Park. Guildford College also has a parking area open (free) to the public on Sundays (off the mini roundabout where Recreation Road meets Stoke Road).

Event Centre

This will be the GO Club Tent north of Stoke park and adjacent to The Spectrum parking [W3W ///rates.panels.hang](#) shown by a **Red Cross** on the following map (First Aid is located here).

That map shows the location of Enquiries, dibber hire and Download. It also shows the location of public toilets in Stoke Park Gardens in the south-west corner of the map ([W3W ///turns.straw.door](http://W3W:///turns.straw.door)) and at Burchatts Farm at the east of the map ([W3W ///mental.turkey.month](http://W3W:///mental.turkey.month)) plus for those who use the Spectrum Leisure Centre, which has a café, there are toilets there too.



Food and drink

No food or water will be supplied on courses. A limited supply of water will be available at the Event Centre. There is a café in the Spectrum Leisure Centre.

Start

Start times are from around 10:30 until 12:30. Courses close at 14:30. SIAC battery check and CLEAR SI units will be at the Start, about 1.4km from the event centre. The walk back from the Finish **does not** pass by the Start. There will be **no clothing transfer**.

It is a punching start so just join the queue at the Start (please aim not to arrive more than 10 minutes before your start time block and hang back if the queue is long). There will be 3 start boxes at -3, -2 and -1 minute:

CLEAR your dibber before the first box

-3 dibber CHECK and loose control descriptions

-2 blank maps displayed

-1 wait for clock beeps

0 punch START, pick up map and go!

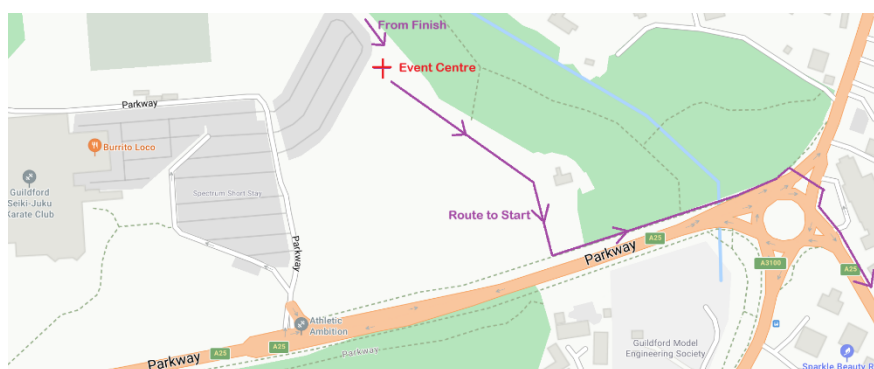
Everyone must punch the START SI unit, including SIAC users.

Course 7 (MYJ, WYJ) has been cancelled due to travellers moving on to Stoke Park. MYJ, WYJ competitors will now use Course 6.

Control descriptions are pictorial. Written descriptions may be requested by WYJ and MYJ competitors on Course 6.

Please check you know what course you are running, the course name and number, and you have picked up the right map!

The route to the start crosses the A3100. Juniors should be accompanied until they have completed crossing the A3100 at the Boxgrove crossroads roundabout (first 800m of the route to the start) see map.



A3100 Road crossing on route to the start

Map

Courses 1–3: A3 double-sided, 1:5000 with 5m contours.

Courses 4–6: A3 double-sided, 1:4000 with 5m contours.

Planner updates in 2025.

All maps printed on waterproof paper.

All courses have double-sided maps. When you reach the point indicated on the control descriptions, you will need to flip the map over to continue your course.

Control descriptions will be printed on the maps, and loose descriptions will also be available.

Road Crossings

All competitors have roads to cross.

Parents need to be aware that juniors on course 6 (MJ/WJ/MYJ/WYJ) have road crossings, please see "**Course 6**" below, and should remind them to take care when crossing any road and pay attention to any guidance from marshals.

Adult courses have road crossings as normal in urban events. Please take care with traffic.

Backup pin-punches

Controls have pin-punches. In case of SI unit failure please punch your map. If your dibber fails to register please report this at Download so that we can correct your result.

Finish and Download and Results

All competitors must punch the FINISH including SIAC. It is approximately 0.6km back to Download from the Finish. Please return to Assembly and Download as soon as you can. There will be no map collection; please don't expose your map carelessly to those yet to start.

There will be no results displayed at the event. Subject to manpower we will endeavour to regularly update them on the GO website during the event ([GO Urban Results 2025](#)).

Course 6 (MJ, WJ)

Course 6 for juniors has a marshalled, timed-out crossing of London Road using a light-controlled pelican crossing. Please obey the marshal if he instructs you to wait before crossing. Your safety is paramount. To limit the time needed to marshal the crossing, course 6 will have a shorter start window from 10:30–11:30.

Course 6 also uses minor roads with low traffic levels. Please remind juniors in your care to look around before running across roads.

Courses

Entrants under 16 may only enter the junior courses 6.

| Course No | Age Class | Length (km) | Climb (m) | Controls |
|-----------|--|-------------|-----------|----------|
| 1 | Men Open age 16+ | 11.2 | 82 | 20 |
| 2 | Women Open, Men Vet age 16+, M40+ | 9.4 | 64 | 18 |
| 3 | Women Vet, Men SuperVet W40+, M55+ | 8.4 | 51 | 14 |
| 4 | Women SuperVet, Men UltraVet W55+, M65+ | 7.0 | 36 | 11 |
| 5 | Women UltraVet/HyperVet, Men HyperVet W65+, M75+ | 5.4 | 27 | 10 |
| 6 | Women/Men Junior M/W16- Women/Men Young Junior M/W12- | 4.4 | 17 | 11 |
| 7 | Cancelled | - | - | - |

Note there are extra categories for people running down rather than running up – these are C20, C30, C40, C50, C60. If you enter a course you are not eligible for ('running down', not 'running up') please use the "Course n Out of class" category (CnO).

Safety

This is an urban orienteering event taking place on public roads with moving vehicles – as you would usually, please take care crossing roads.

Take special care crossing London Road / A3100. If there is lots of traffic, try and make use of pedestrian crossings where available.

All courses use an underpass with a blind 90-degree bend. All competitors will run through this in the same direction, but please go slowly around the corner in case of pedestrians coming the other way.

British Orienteering's Rule 1.32 states that "Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course. However, Organisers must have made reasonable risk management arrangements to mitigate the hazards that a competitor might reasonably not be aware of."

This we have done by addressing the hazards identified in the Risk Assessment, the planning of the courses and the information provided in these Final Details.

Nonetheless you are expected to play your part; be aware that you take part at your own risk. There is traffic, kerbs to trip over, uneven surfaces, slope and steps – the rough and smooth of everyday Guildford. There is also some parkland/woodland which may be slippery when wet.

It looks like the weather may be quite warm. Please arrive well hydrated, wear suitable clothing and consider applying sun cream; shorts are permitted.

Hospital information – A and E services

First Aid on site will be available at the event centre tent.

Main Accident and Emergency (approx. 2.5 miles from event centre):

Royal Surrey County Hospital Egerton Road, Guildford, GU2 7XX tel: 01483 571122

Officials

Planner: Sophie Gordon

Controller: Pete Jones (SN)

Organiser: Jon Darley organiser@guildfordorienteers.co.uk

With thanks to Guildford Borough Council for permission to hold this event