# Guildford Orienteers welcomes you back to Waggoners Wells with Ludshott and Bramshott Commons for a National and SE League event on Sunday 5 February 2023

## FINAL DETAILS (final version)

In case of poor weather, check the Racesignup website before travelling (<a href="https://racesignup.co.uk/site/event.php?eventid=3221">https://racesignup.co.uk/site/event.php?eventid=3221</a>).

## Do not come to the event with Covid-19 symptoms

By entering this event competitors agree to abide by the Participant Code of Conduct, a copy of which can be found at <a href="https://www.britishorienteering.org.uk/COVID19">https://www.britishorienteering.org.uk/COVID19</a> participant code of conduct.

## **Essential points – for the busy reader**

- Please do not arrive before the car park opens at 9:45am.
- It's a 1km level walk to Assembly area from the car park and the Start is another 250 metres from there. Bring a bag to Assembly for clothing/money (there is a bag drop).
- Tom's food wagon, toilets, SI/SIAC card hire, Enquiries, Download and First Aid are all at Assembly.
- Dogs allowed under control in the car park and Assembly area but not on the courses please.
- Electronic Punching SI, including SIAC. The Black Course has 31 controls please ensure your SI card has the capacity for 31 punches if running Black. Start and Finish are punching for everyone.
- Whistles and cagoules may be compulsory if the weather is particularly bad come prepared. Torso and legs must be covered.
- Control descriptions (loose) in Start lanes; also printed on the maps.
- Start and Finish are both close to (within 300m of) Assembly.
- Maps are A4 size except for Black and Brown which are A3. All at 1:10,000 with 5m contours.
- The Planner strongly advises you to read his mapping notes (below), especially on gorse mapping.
- Courses close at 2:30pm. YOU MUST download/report to the download team by this time.

#### Safety issues

- **Road crossing**: The pedestrian route to Assembly from the car park is on a pavement alongside a busy road which then has to be crossed. Take care.
- Lakes: Except for the White course, courses use paths between and/or alongside the Wells lakes. Parents/guardians of junior competitors are asked to make sure their child is informed of this and that they should keep away from the lakes and stay on the paths/bridges by the lakes.
- **Smiley/Sad faces**: Competitors on the White and Yellow courses may encounter some Happy or Sad smiley faces. These will be put out where there is a potential to go a long way off the best route.
- Dress appropriately for the expected weather, bearing in mind that in the event of an accident you may
  be stationary for a few hours. Clothing should be suitable for walking/running round a wood taking
  account of the winter weather. Full cover leg protection is required. There may be ticks please check
  yourself carefully after the race. Note that in bad weather cagoules may be made compulsory.
- **Beware pot holes**: The "rocky pit" symbol on the map often indicates brick-built rectangular man-holes; most are blocked but some are uncovered and deep.
- **Forestry machines**: There may be (unmapped) forest-clearing machines parked where operations are ongoing. Leave them alone.
- Safety bearing in an emergency: Head north and east to reach the Assembly area. Do not cross any roads as they are the boundary of the area.
- **Emergency Number**: All maps are overprinted with an emergency phone number which can be used on the day to contact the Organiser for emergencies (07710 399545).
- Nearest A&E: Royal Surrey Hospital, Egerton Road, Guildford, GU2 7XX.
- **Medical Conditions**: If you have a medical condition that might require medical assistance during the event you may download and fill in and print the <u>BOF medical form (click here)</u> and give it to Enquiries in a sealed envelope (with your name/dibber number on). It will be shredded after the event.

#### **Car Park**

The car parking is at Applegarth (post code GU26 6JL, W3W ///cookbooks.rotate.goal), on the north side of the B3002 a little west of Grayshott on the way towards Headley Down. From Grayshott, heading west, it is a right turn across oncoming traffic – please take care. From the other direction, heading east, it's a left turn into Applegarth.

From the car park to Assembly area is a 1km level walk with a marshalled road crossing of the (40mph) B3002. Take care crossing and follow the marshal's advice.

There is some space to park nearer to Assembly. If you have a need to park closer because of ageing limbs or youngsters who cannot manage the walk, email the Organiser to reserve a space (subject to availability).

## **Assembly Area; Facilities**

The Assembly Area is near the Start (250m) and Finish (300m), both within 3 minutes' walk. A warm-up area is near Assembly, before you go to the Start.

In Assembly:

- a bag drop/clothing dump; items left at owner's risk. Lone travellers are encouraged to leave car keys with Enquiries, not in the bag drop.
- Toilets
- Tom and Julie's food wagon. No free water will be provided please bring your own.
- main tent with:
- Enquiries and hired SI/SIAC card collection
- Download
- First aid

#### Courses

Course	Distance	Climb	Controls	SE League recomm	Map size (all are	
	(km)	(m)		M	W	1:10000 scale)
Black	11.5	320	31*	M21		- A3
Brown	9.6	240	28*	M35 M40		
Short Brown	7.8	200	26*	M18 M20 M45 M50	W21	
Blue	6.4	175	23*	M16 M55 M60	W35, W40	
Short Blue	5.1	175	19	M65	W18 W20 W45 W50	
Green	4.5	155	16	M70	W16 W55 W60	
Short Green	3.6	150	15	M75	W65 W70	
V Short Green	3.1	90	15	M80 M85+	W75 W80 W85+	
Light Green	3.5	125	13	M14	W14	
Orange	2.9	55	11	M12	W12	
Yellow	2.4	45	13	M10	W10	
White	1.9	15	12			

<sup>\*</sup> Blue and longer courses use butterfly loops. Make sure you punch controls in the order shown on the map.

Unfortunately there is not enough appropriate terrain nearby for a String course.

## **Late Entries**

Entries online (subject to availability of maps) are available up until 11:30am on the day of the event.

# **Electronic Punching**

SI electronic punching system will be used in mixed mode, so competitors can use SIAC's in contactless mode, except for the Start and Finish which must be punched by everyone.

The Black course has 31 controls and **requires a suitably high capacity dibber**. Make sure you have one. SI-card 8 can only record 30 control punches (they have 7 digit numbers beginning with "2"). Original dibbers (SI-card 5, numbered less than 500,000) can record 33 punches but split times for only 30 of them. All contactless SIAC cards will cope fine but if you hire an ordinary SI card from us it will work on Black but not record your last control split time. Also beware of punching extra controls which will use up extra records!

It is your responsibility to check your SI card has registered (flash/beep) at the Start, at each control and at the Finish. In case of SI failure use the pin-punch on the control stake to mark your map.

#### Start

There is a warm-up area at Assembly before you go to the Start. Start times are from 10:30 to 12:30. Preentered competitors who have their own SI cards can go directly to the Start, which is 250m from Assembly.

Call-up is at -3 minutes. If weather conditions are bad enough, whistles and cagoules will be made compulsory and will be checked. White and Yellow maps will be available to competitors before they enter the Start.

Maps are printed on waterproof paper. All courses have an A4 sized map except Black and Brown (A3). Control descriptions are printed on the map and available separately (loose) at -3 in the start lanes. They use pictorial 2018 Standard symbols; White and Yellow have text descriptions. Unfortunately the Yellow and Short Brown loose descriptions are not on waterproof paper (the 'ink' is waterproof – laser print).

This is a National event so start times are pre-allocated and fixed. If you are late, you will be given the next available time; this may involve a long wait on some courses.

Although you must start at your given time, it will be a punching start. **You must punch the Start box** whether using an SI card or a contactless SIAC.

## Mapper-Planner notes on the Terrain and Map

The mapped area is made up of Ludshott Common and part of Bramshott Common, linked by the central picturesque wooded Waggoners Wells valley. All courses have been planned to visit the Wells area. Catch a glimpse of the shimmering lakes, sun-dappled glades and exotic bird-life if you can...

The area was resurveyed in 2022 by Tom Edelsten. The map scale is 1:10,000 with 5m contours and 300m between the magnetic north lines. Rootstocks and their associated pits and knolls are not mapped. Nor are power lines, or recently created forestry extraction lanes – some look like major paths in places – which may occasionally confuse or aid your running. See notes on vegetation mapping below.

There is no legend on the map – standard ISOM 2017(2) symbols are used. Note that the "rocky pit" symbol often indicates brick-built rectangular man-holes; most are blocked but some are uncovered and one deep one is used as a control site, so is clearly marked. Cylindrical concrete blocks are shown as boulders. The special brown triangle landform symbol,  $\Delta$ , indicates an old charcoal-burning platform, pointing down-slope.

Bramshott Common is well known to those lucky enough to enjoy Wednesday BAOC events. A mix of steep valleys and a flat training area.

Ludshott Common contains mixed woodland with a multitude of paths and the residues of military training by Canadian troops in both world wars, and a large expanse of rough heath. On the day there will probably still be some areas of debris remaining from recent forestry work. This is mostly negotiable with care, where the thinner stuff has been mapped as "Vegetation, slow running, good visibility".

For the Black and Brown courses (in one area) there are lengths of red/white as well as black/yellow tapes, and some red-topped stakes. Do not be confused – ignore them.

But (for all courses) don't ignore the fact that much of the area has been used for military training, so bits of metal and other objects exist on the ground. They should be left alone.

Gorse and other vegetation mapping: The heathland part of Ludshott once became notorious amongst some for the gorse! Only the longest courses explore this and are planned to allow runners to avoid the worst stuff; these notes are intended to optimise your experience. There is indeed a large amount of gorse — and heather — both at all stages of growth. "Vegetation, fight" and "vegetation, walk, good visibility" both indicate a range from very difficult to impenetrable, the latter symbol mostly used in open land, with smaller patches shown in solid green. "Vegetation, slow running, good visibility" in open land usually indicates deeper heather, scattered low gorse or birch saplings; in woodland, this symbol or "Slow run" is used for brashings or other litter. The "scattered trees" symbol often implies scrubby, tussocky stuff on the ground. Bracken is not mapped; at this time of the year it presents a modest physical challenge to the more agile. Vegetation boundaries are usually blurred except where forest management has been carried out; in many places you can pick your way between the patches.

**Out of Bounds**: There are roads around the boundaries of the area. There is no advantage in using them. Please stay off the roads.

#### **Public Access**

The area is used by the public for walking and horse riding. Be courteous towards other users you do encounter, especially those with dogs and horse riders – our future use of these areas depends on this.

#### **Finish**

The Finish is 300m from Assembly. It is not enabled for contactless swiping – you must punch the Finish.

Maps will NOT be collected. Please keep to the spirit of the event by not showing your map to those competitors who have yet to start.

Courses close at 2:30pm. **You must download by then** to avoid a search for you being initiated. You must report back to Download even if you retire.

#### Results

Live results will be uploaded during the event to the GO website. They can be found by following this QR code, which is also printed on the map.

## Safeguarding/Child Protection

Competitors are permitted to carry a mobile phone for use in an emergency and children and vulnerable adults are encouraged to do so.

If you are shadowed, or shadow before your own run, please declare yourself non-competitive at Download. (Note that an entry does not provide an extra map for a shadower.)

#### **Ticks**

Ticks could be present in the area but low likelihood at this time of year. Check over your whole body after competing. If bites develop a rash or become inflamed, obtain medical advice.

## **Ash Dieback precautions**

BO recommends you arrive with all kit, especially footwear, fully cleaned since its last outing; after your run, put all your kit in a plastic bag to prevent spreading fungal spores.

## **Complaints and Protests**

Please first discuss any complaint with the Organiser. Should the complaint not be resolved, then please put the complaint in written form (forms available) and the Organiser will refer the matter to the Jury.

## **Photography**

You are welcome to take photographs at our event. However please respect other people's privacy when taking photographs, and do not take inappropriate or intrusive photos. Please bear in mind Guildford Orienteers' <u>Data Privacy Policy</u> as well as British Orienteering's guidelines.

If you have any concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken), please report them to the Organiser.

Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear in mind that photographs may be taken at the event, and some may be posted on public websites.

**Organiser**: Jeremy Wilde, GO (e-mail: organiser at guildfordorienteers.co.uk)

**Planner**: Tom Edelsten, GO **Controller**: Gordon Parker, SLOW

We are grateful to the National Trust and the British Army for the use of the area.

#### Please remember

- Orienteering is an adventure sport. All competitors take part at their own risk and must take responsibility for their own safety. Parents are responsible for their children and advice is available on request, about what courses may be suitable.
- Please check website for last minute cancellation in case of poor weather. In the event of cancellation, some or all of your entry fee may be retained.
- The personal data you give will be used by the event organisers & their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

